

# WHAT'S ON YOUR NIGHTSTAND

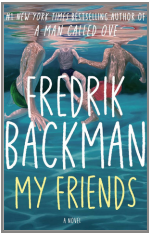
## Book Discussion

July 2025

### FICTION



***Before the Coffee Gets Cold* by Toshikazu Kawaguchi** - There is a café in Tokyo that has been serving coffee for more than one hundred years. Some say that this shop also offers the chance to travel back in time.

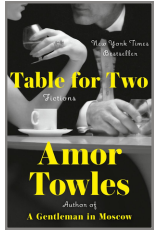


***Firekeeper's Daughter* by Angeline Boulley** - A young adult thriller about a Native teen who must root out the corruption in her community.

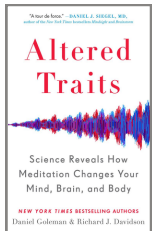


***My Friends* by Fredrik Backman** - A tale of four teenagers whose friendship creates a bond so powerful that it changes a complete stranger's life twenty-five years later.

***Table for Two* by Amor Towles** - A collection of short stories and a novella dealing with consequences of brief encounters and compromise in marriages.

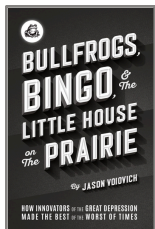
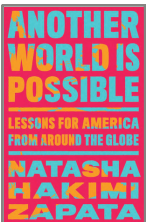


### NONFICTION



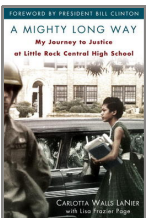
***Altered Traits: Science Reveals How Meditation Changes Your Mind, Brain, and Body* by Daniel Goleman & Richard J. Davidson** - New research showing what meditation can really do for the brain.

***Another World Is Possible: Lessons for America From Around the Globe* by Natasha Hakimi Zapata** - Uncovering how different countries solve the problems that plague the United States.



***Bullfrogs, Bingo, and The Little House on the Prairie* by Jason Voioovich** - One of his series of books discussing how innovators during the Great Depression made the best of the worst of times.

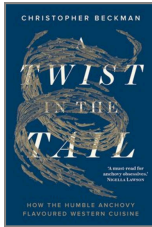
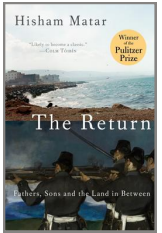
***A Mighty Long Way: My Journey to Justice at Little Rock Central High* by Carlotta Walls LaNier** - An engrossing memoir that is a testament not only to the power of a single person to make a difference but also to the sacrifices made by families and communities that found themselves a part of history.





***Exit Wounds: A Story of Love, Loss, and Occasional Wars* by Peter Godwin** - Godwin has experienced enough loss to know that humor and grief can, and should, occupy the same space.

***The Return: Fathers, Sons, and the Land in Between* by Hisham Matar** - Matar's twenty-two-year quest to uncover the truth about his father's mysterious disappearance in Libya, exploring loss, hope, and resilience.



***A Twist in the Tail: How the Humble Anchovy Flavoured Western Cuisine* by Christopher Beckman** - The story of the diminutive anchovy, and its outsized role in shaping the West's cuisine.

### FOR YOUR CONSIDERATION

From ***How To Love a Country*** by **Richard Blanco**

“Complaint of El Rio Grande”

<https://poets.org/poem/complaint-el-rio-grande>

