

**WHAT'S ON YOUR NIGHTSTAND
BOOK RECOMMENDATIONS
JAN 2020**

FICTION

DELICIOUS - RUTH REICHEL - the NY restaurant critic pens a novel with a puzzle to solve; a secret room; hidden letters; the legacy of James Beard; and a parallel, equally plucky heroine from the past

A GOOD ENOUGH MOTHER - BEV THOMAS- Ruth, the director of a highly respected trauma therapy unit, has always been affected by her son's disappearance. One day, a patient who looks like her son, walks into the unit.

THE LYING LIFE OF ADULTS - ELENA FERRANTE - a girl, a city, an inhospitable society

NONFICTION

BREATH - JAMES NESTOR - A fascinating scientific, cultural, spiritual and evolutionary history of the way humans breathe—and how we've all been doing it wrong for a long, long time

GENTLE ART OF SWEDISH DEATH CLEANING: HOW TO FREE YOURSELF AND YOUR FAMILY FROM A LIFETIME OF CLUTTER - MARGARETA MAGNUSSON - This surprising and invigorating process of clearing out unnecessary belongings can be undertaken at any age or life stage but should be done sooner than later, before others have to do it for you.

THE LAST PLACE ON EARTH: SCOTT AND AMUNDSEN'S RACE TO THE SOUTH POLE: ROLAND HUNTFORD AND PAUL THEROUX - a re-examination of every detail of the great race to the South Pole between Britain's Robert Scott and Norway's Roald Amundsen.

OLIVE, MABLE AND ME - LIFE AND ADVENTURES WITH TWO VERY GOOD DOGS- ANDREW COTTER - Cotter lovingly writes about Scotland, his childhood, living with dogs, following one's passion and living life with humor, compassion and joy. And yes it's about Olive and Mabel--two very good dogs

RIVER OF DOUBT - CANDICE MILLARD- the true story of Theodore Roosevelt's harrowing exploration of one of the most dangerous rivers on earth.

SAY NOTHING: A TRUE STORY OF MURDER AND MEMORY IN NORTHERN IRELAND - PATRICK RADDEN KEEFE - The murder of a 38 year old woman and mother of 10 is used as a prism to tell the history of the Troubles in Northern Ireland.

THE SPLENDID AND THE VILE - ERIK LARSON - a time of true leadership, when, in the face of unrelenting horror, Churchill's eloquence, courage, and perseverance bound a country, and a family, together.