**What’s On Your Nightstand**  
**Book Recommendations – March 2023**

**FICTION**

**BEARTOWN** - Fredrik Backman - The junior ice hockey team of a small, desperate town is about to compete in the national semi-finals which they could actually win. What happens next tears the community apart.

**CLEOPATRA** - Stacy Schiff - fictional account of one of the most intriguing women in the history of the world whose death ushered in a new world order.

**DEMON COPPERHEAD** - Barbara Kingsolver - Set southern Appalachia, the story of a boy born to a teenage single mother and with no assets beyond a fierce talent for survival. Demon braves the modern perils of foster care, child labor, derelict schools, athletic success, addiction, disastrous loves, and crushing losses.

**THE FOUR WINDS** - Kristin Hannah - a story of the Great Depression and the people who lived through it—the harsh realities that divided us as a nation and the enduring battle between the haves and the have-nots.

**LESSONS IN CHEMISTRY** - Bonnie Garmus - Set in the ’60s, a gifted and self-assured research chemist's career takes a detour when she becomes the unlikely star of a beloved TV cooking show.

**MISS RUMPHIUS** - Barbara Cooney - children’s book - the legacy of the real Miss Rumphius, the Lupine Lady, who scattered lupine seeds everywhere she went.

**MOTION OF THE BODY THROUGH SPACE** - Lionel Shriver - entertaining send-up of today’s cult of exercise—which not only encourages better health, but also seems to promise meaning, social superiority, and eternal life.

**SEVEN HUSBANDS OF EVELYN HUGO** - Mark Nepo - a heroine akin to Elizabeth Taylor, movie icon Evelyn Hugo, now a recluse at 79, unfurls the story of her glamorous life and her scandalous seven marriages.

**SIMON THE FIDDLER** - Paulette Jiles - as the Civil War ends, an itinerant fiddle player and a ragtag band of musicians with whom he travels try to make a living. Along the way, Simon finds, loses and searches for a young woman who steals his heart.
NONFICTION

THE LIGHT WE CARRY: Overcoming in uncertain times - Michelle Obama - Obama offers readers a series of fresh stories and insightful reflections on change, challenge, and power.

POETRY UNBOUND 50 Poems to Open Your World - Padraic O. Tuama

SURVIVING STORMS: finding the strength to meet diversity - Mark Nepo - exploring the art and the practice of meeting adversity by using the timeless teachings of the heart.

MISC.- Recommended
NYT's Ezra Klein March 3rd's podcast interview with Jane Hirschfield titled:
What a Poetic Mind can teach us about How to Live