

**WHAT'S ON YOUR NIGHTSTAND
BOOK RECOMMENDATIONS
JAN 2020**

FICTION

***DELICIOUS* - RUTH REICHEL** - the NY restaurant critic pens a novel with a puzzle to solve; a secret room; hidden letters; the legacy of James Beard; and a parallel, equally plucky heroine from the past

***A GOOD ENOUGH MOTHER* - BEV THOMAS**- Ruth, the director of a highly respected trauma therapy unit, has always been affected by her son's disappearance. One day, a patient who looks like her son, walks into the unit.

***THE LYING LIFE OF ADULTS* - ELENA FERRANTE** - a girl, a city, an inhospitable society

NONFICTION

***BREATH* - JAMES NESTOR** - A fascinating scientific, cultural, spiritual and evolutionary history of the way humans breathe—and how we've all been doing it wrong for a long, long time

***GENTLE ART OF SWEDISH DEATH CLEANING: HOW TO FREE YOURSELF AND YOUR FAMILY FROM A LIFETIME OF CLUTTER* - MARGARETA MAGNUSSON** - This surprising and invigorating process of clearing out unnecessary belongings can be undertaken at any age or life stage but should be done sooner than later, before others have to do it for you.

***THE LAST PLACE ON EARTH: SCOTT AND AMUNDSEN'S RACE TO THE SOUTH POLE* - ROLAND HUNTFORD AND PAUL THEROUX** - a re-examination of every detail of the great race to the South Pole between Britain's Robert Scott and Norway's Roald Amundsen.

***OLIVE, MABLE AND ME - LIFE AND ADVENTURES WITH TWO VERY GOOD DOGS* - ANDREW COTTER** - Cotter lovingly writes about Scotland, his childhood, living with dogs, following one's passion and living life with humor, compassion and joy. And yes it's about Olive and Mabel--two very good dogs

***RIVER OF DOUBT* - CANDICE MILLARD**- the true story of Theodore Roosevelt's harrowing exploration of one of the most dangerous rivers on earth.

***SAY NOTHING: A TRUE STORY OF MURDER AND MEMORY IN NORTHERN IRELAND* - PATRICK RADDEN KEEFE** - The murder of a 38 year old woman and mother of 10 is used as a prism to tell the history of the Troubles in Northern Ireland.

THE SPLENDID AND THE VILE - ERIK LARSON - a time of true leadership, when, in the face of unrelenting horror, Churchill's eloquence, courage, and perseverance bound a country, and a family, together.

AND NOW FOR SOMETHING COMPLETELY DIFFERENT

With all the good books that come out each month, it can be hard to decide what to read.... WE GOT YOU COVERED !!!!! From a literary horoscope book club, we've got titles of books to read, based (sort of) on your zodiac sign. Ready?

AQUARIUS

UNSOLACED: ALONG THE WAY TO ALL THAT IS -GRETEL EHRLICH

Why? Those born under this sign tend to care deeply about others and about our planet too

PISCES

CRAFT IN THE REAL WORLD: RETHINKING FICTION WRITING AND WORKSHOPPING - MATTHEW SALESSES

Why? Usually poetry or experimental fiction is recommended for the mutable, intuitive Pisces, but this pick acknowledges this sign's artistic side.

ARIES

THE DEVIL YOU KNOW: A BLACK POWER MANIFESTO - CHARLES M. BLOW

Why? Leaders need inspiration. Reading a book isn't the same thing as being a leader (here's looking at you Aries) in your community, of course, but it could be the spark

TAURIUS

THE CHARMED WIFE - OLGA GRUSHIN

Why? This literary twist on Cinderella is perfect for the Taurus who just wants to read for 3 uninterrupted hours, tea on the side table, feet up and be transported. Which is...every Taurus, pretty much

GEMINI

A SWIM IN A POND IN THE RAIN - GEORGE SAUNDERS

Why? Geminis usually love to read, but sometimes they can have a little trouble settling down to focus or even picking what to focus on. Saunders pairs seven essays with seven classic stories which will help direct their energies.

CANCER

THE PROPHETS - ROBERT JONES, JR.

Why? Cancers just want to feel things - and this book, with its tender intimacy, empathy, moving love story will not disappoint them

LEO

OUTLAWED - ANNA NORTH

Why? Here's a not-so-secret secret: your favorite Leo has always dreamed of leading their own band of outlaws. This reinvention of the Western, in which a midwife skips town to join the Hole in the Wall gang made up of true outsiders

VIRGO

WORK WON'T LOVE YOU BACK: HOW DEVOTION TO OUR JOBS KEEPS US EXPLOITED, EXHAUSTED AND ALONE - SARAH JAFFE

Why? Honestly? This is the news you need, Virgos.

LIBRA

DETRANSITION, BABY - TORREY PETERS

Why? For the social butterflies of the zodiac, this cutting edge social novel that everyone's going to be talking about is recommended...a comedy of manners with sharp teeth...don't be left out, Libras.

SCORPIO

LAST ORGY OF THE DIVINE HERMIT - MARK LEYNER

Why? Scorpions hate boundaries and so does Leyner..Have Fun

Full disclosure: this Zodiac booklist was taken from the website, Lithub, and authored by Emily Temple. They are that author's recommendations --certainly not mine! I haven't a clue -- but I am a Gemini who loves to read and finds focusing hard...that much is true.

Mind how you go, Kathy